Athens and Sparta were the two most advanced Greek cities of the Hellenic period (750-338B.C). Both had a city-state type of government, and both took slaves from the people they conquered. However, the differences outweigh the similarities in these two ancient civilizations. Sparta was hostile, warlike- constantly fighting the neighboring cities, and military, while Athens catered more towards the democratic and cultural way of life. The latter city left its more towards the democratic and cultural way of life. The latter city left its mark in the fields of art, literature, philosophy, and science. The present system of a well-rounded education followed in the United States is based on the ancient Athenian idea.